

'I love to watch the others and just see the look on their faces - pleasure and peace. That's what Arts Together means to us'

Below: Arts Together trustees and staff



Arts Together is made possible through continual local fundraising, public and charitable grants and private giving. Over half of our full costs are provided through in-kind support and nearly one-third of our cash costs are raised from individual donations. Even the smallest contribution can make a world of difference. £11 would pay for group materials, £15 for lunches and £22 for participants transport for one session. Donations can be easily made online at:

www.artstogether.co.uk

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Arts Together

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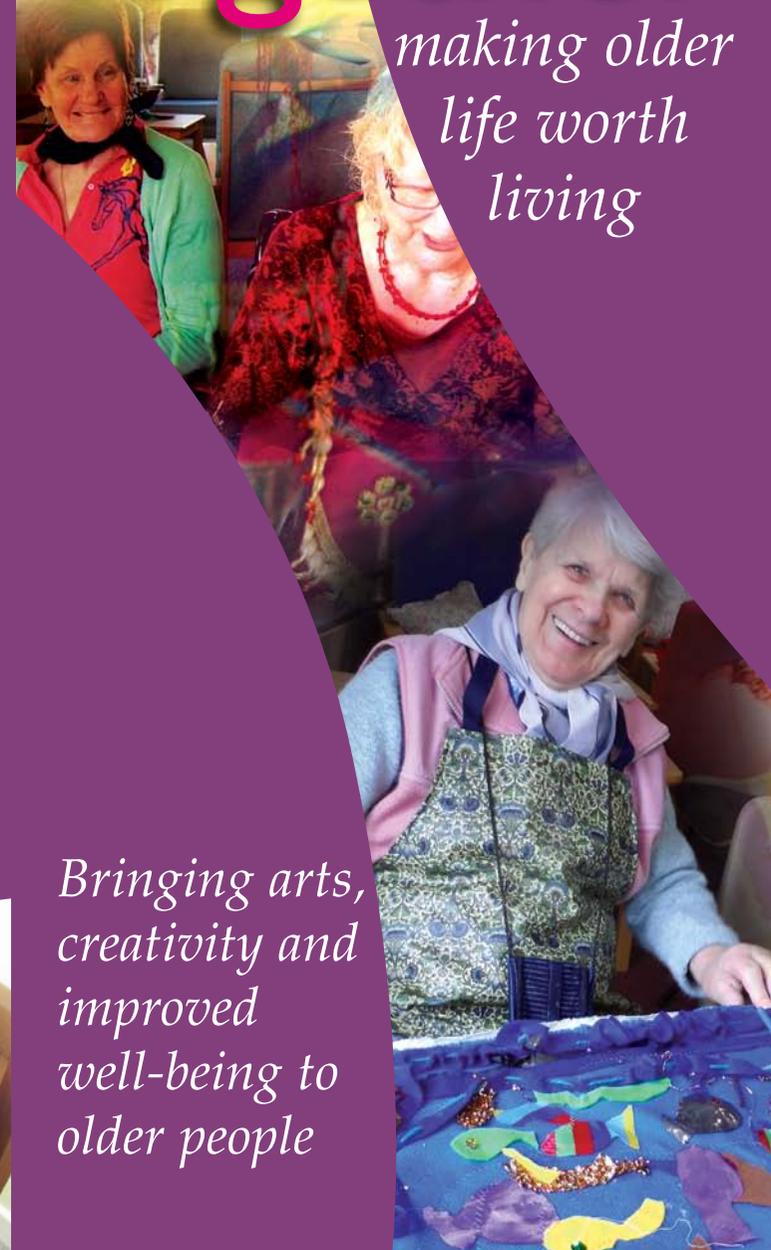
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arts together

making older life worth living



Bringing arts, creativity and improved well-being to older people



Above: Fishing for Friends fund-raising

Below: Training for trustees, volunteers and artists



'I so enjoy being part of Arts Together that words just flow out of me'



*'It gives me an awful lot of pleasure.
Now I have so many friends'*



Arts Together improves the health, well-being and quality of life for isolated older people through the provision of a range of hands-on arts projects and the support they need to be able to take part.

Since 2000 we have been bringing professional artists and older people together for weekly arts sessions which include: mosaics, music making, screen printing, ceramics, drama, sculpting, painting, Indian hand dancing, photography, puppetry, poetry and lots more.



Through its creative approach Arts Together plays an important role in countering the negative effects of loneliness and isolation in older people.

'Before Arts Together, I felt I was not much use. I always got left in the background. I don't feel that here.'



We provide high quality creative activities plus the chance to share experiences, make new friends and to live an enriched life. The key to the groups' success is that members are not 'arty' but are willing to 'have a go'. The result is a great deal of enjoyment and surprise.



Each group runs 30 sessions a year and is supported by trained volunteers and professional carers. They share refreshments on arrival and lunch after the arts session. Many carry on

activities in their own time and keep in touch with other group members during the holidays.

"I never thought I'd do all the things that I've done"

To ensure a high quality service, we run annual workshops for artists and volunteers, plus on-going training and support for staff, trustees and volunteers. This professional development programme enables them to help older people discover an enhanced experience of life and realise their potential, regardless of sensory loss, physical or mental disability or ill health.



All staff, volunteers and artists are checked by the Disclosure and Barring Service and follow Wiltshire's 'Safeguarding Vulnerable Adults' procedures as well as Arts Together's own Equalities and Health and Safety Policies.

