

Book-making Instructions

Equipment you will need:

scissors, glue (Pritt stick or PVA)

Materials you will need:

- Thick card (I use corrugated card as it is free and easy to cut). You will need 2 pieces 10cm square
- A sheet of coloured or patterned paper about A4 size cut in half – magazine pages often work well, wrapping paper, etc. Thick thread. A couple of beads or buttons.
- A piece of stiff paper or thin card for the pages: 38cm x 9.5cm

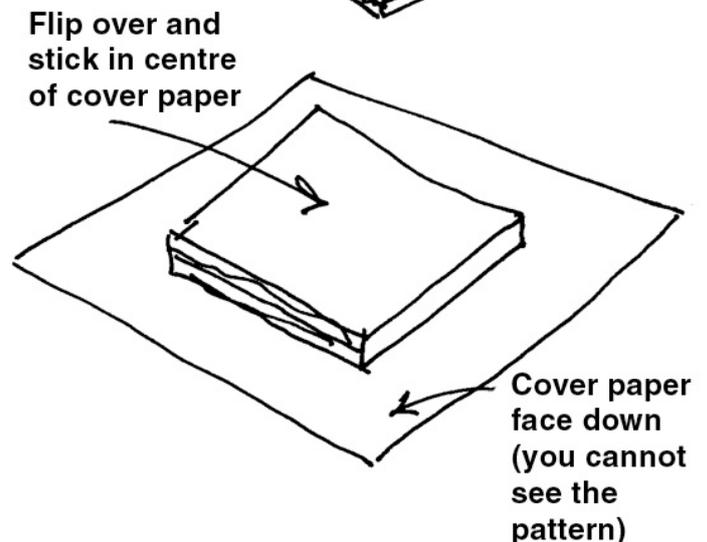
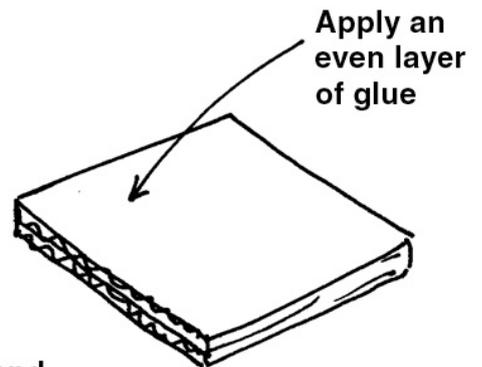
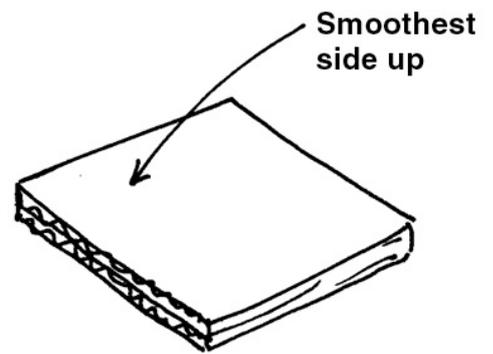
How to do it:

I suggest reading through these instructions first to get an idea of the process.

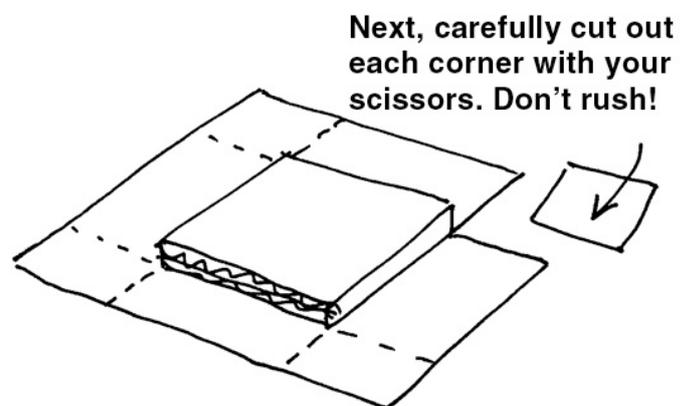
If you want to personalise your book that is great but I suggest you make it first then adapt.

Corrugated cardboard which is recycled card has 2 sides – one smooth, the other slightly ridged. Try to ensure that the smooth side gets the glue and forms the outside of the book. (Everything in this project is recycled except the glue)

Complete one cover at a time. Front first, and then the back.



Repeat this process for the back cover



Repeat this process for the back cover

The cutting out of the corners can be tricky and easily misunderstood. Take your time and cut as squarely as you can towards the corners of the card. You can use a ruler and pencil if you need lines to follow.

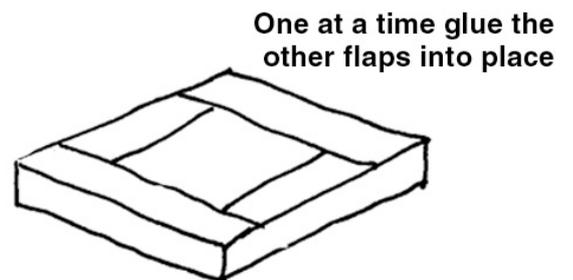
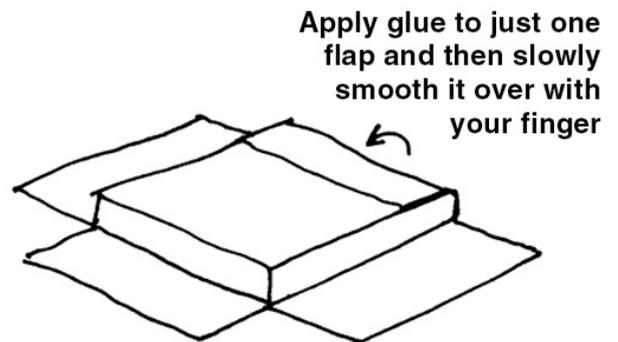
Fold and glue the flaps carefully one at a time, aiming to get as sharp a crease as possible. There is a bit of a technique to this but only really achieved by practice.

You should now have a front and back cover for your book. Work out which is the top and bottom and so where the spine will be. You need to know this when we come to glue the pages in.

If you want to add the optional bits of thread, then now is the time. They will go on the opposite edge to where the spine is and spaced between the top and bottom of the book.

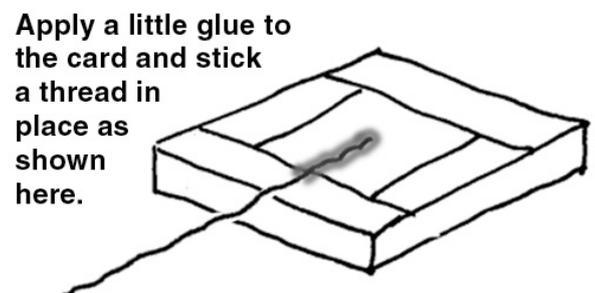
How are you doing? Don't worry if it goes wrong or you can't manage it on your own. It's only an art project and probably nobody can see you anyway.

Take note of what I have written on the right here.



Repeat this process for the back cover

The next step is optional. It is to include 2 strings for tying your book closed. Read my notes before proceeding.



Repeat this process for the back cover.

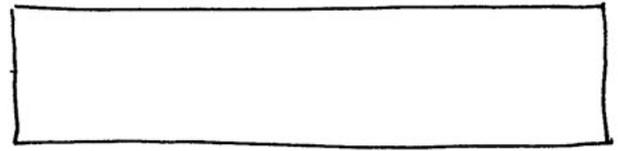
Don't panic - this is now the hard bit!

Try and understand this next step before proceeding as it is hard to undo! Eeek!

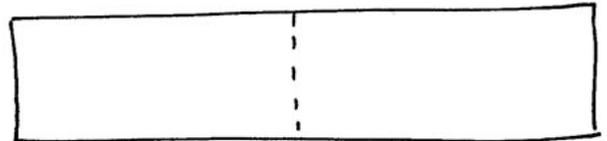
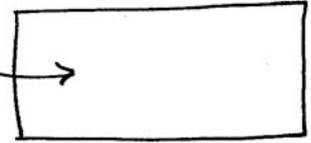
Maybe take a break - have a KitKat, or whatever treats you are allowing yourself. Chocolate chip cookie here. Not me, the biscuit.

Nearly there now.

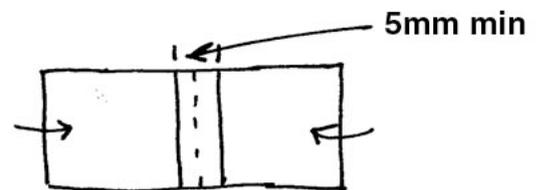
Folding the pages. Follow the diagram on the right to get your pages neatly folded.



Fold exactly in half and crease



Open out flat again



Fold each side in towards the centre but leave small gap, so don't go right to the centre crease.



You should end up with this

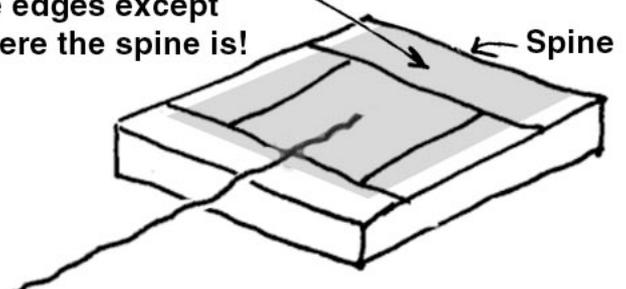
This middle crease is the spine of your book.

So the next step is to glue your pages in place and this forms how the book is held together, so take your time and do a dry run before glueing anything.

Check the photos on the last page to understand how the finished book should look.

Apply glue as shown on the right here.

Apply a thin layer of glue to the reverse of one of your covers. Area shaded grey is glue. Stay away from the edges except where the spine is!



I suggest reading to the end of this page before proceeding so you can see what you should end up with.

Stick the pages into the covers as shown.

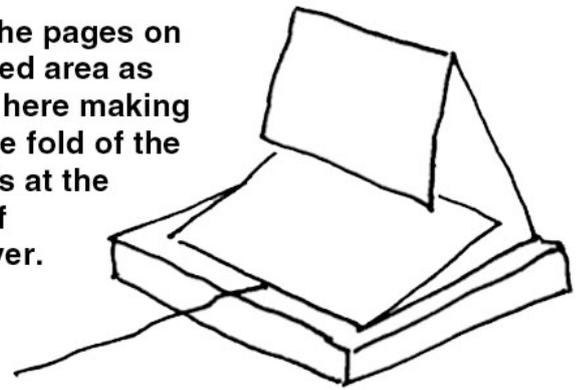
What to watch out for:

- Is the front cover at the front?
- Is the cover the right way up?
- Is the spine on the left when looking at the front cover?
- Can your book open out flat?
- Have you got glue in your hair?

Congratulations!

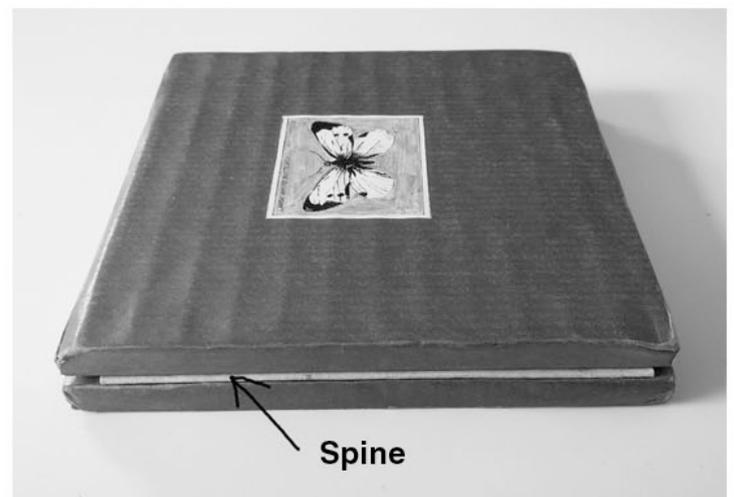
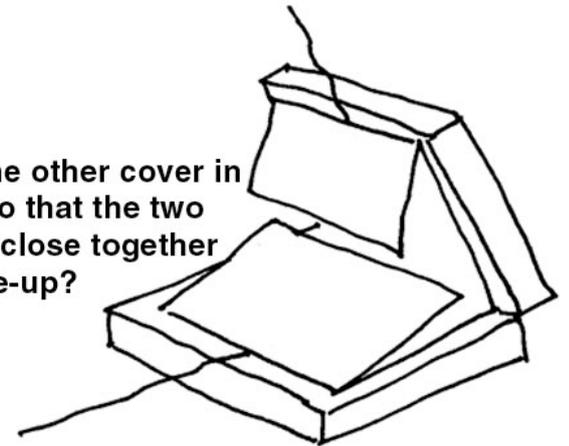
Jeff

Place the pages on the glued area as shown here making sure the fold of the paper is at the edge of the cover.



(The reason for wanting the fold of the paper to be at the edge of your cover is so that your book can open out flat)

Stick the other cover in place so that the two covers close together and line-up?



That's it! The beads can be tied to the end of the threads for decoration - it's up to you.

Now all you have to do is decide what to put inside your book...and then maybe make another as a gift for someone else!